SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO

Sault College

COURSE OUTLINE

COURSE TITLE: Behaviour Management Strategies

CODE NO. :   CYW 233-3   **SEMESTER:**   4

PROGRAM: Child and Youth Worker

AUTHOR: Betty Brady-Parr

DATE: June 2009   **PREVIOUS OUTLINE DATED:**   Jan. 2009

APPROVED: "Angelique Lemay"

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CHAIR, COMMUNITY SERVICES   **DATE**

TOTAL CREDITS: 3

PREREQUISITE(S):   PSY 102

HOURS/WEEK: 3 hours/week

I.   COURSE DESCRIPTION:

The purpose of this course is to introduce the student to applied behavioural strategies and then to actually use these strategies. Areas of focus will be on skills needed in placement settings and that will be relevant to future work.
Contracts, goal setting, modifications, assessment, cognitive behavioural techniques, task analysis, token economies, treatment program planning are some of the areas of focus.

II.   LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1.   Discuss a brief relevant history and examine the types.

Potential Elements of the Performance:
- Discuss the relevant historical background to behaviour management
- Demonstrate knowledge of the differences between classical conditioning
- Techniques and those based on operant conditioning

2.   State behaviour in an objective and clinical manner.

Potential Elements of the Performance:
- Define what behaviour is
- Demonstrate the ability to define behaviour operationally
- Demonstrate a working knowledge of important terms regarding behaviour and learning

3.   Identify various procedures used in classical conditioning and demonstrate how to utilize these to deal with real life problems.

Potential Elements of the Performance:
- Identify effective modes of applying classical conditioning techniques such
- As systematic desensitization, extinction, in vivo desensitization, flooding, etc.

4.   List the factors associated with assessing behaviour and application of direct measurement techniques.

Potential Elements of the Performance:
- List and recognize the various factors required for behavioural assessment
- Develop behavioural/instructional objectives
- Identify various methods for measuring behaviour
- Demonstrate the ability to utilize various direct measurement techniques.

5.   Identify various procedures used in operant conditioning and demonstrate their application.

      Potential Elements of the Performance:
      • Define factors which influence the effectiveness of reinforcement procedures, such as positive and negative reinforcement, shaping, chaining, fading, token economy, stimulus control, stimulus discrimination, schedules of reinforcement, and stimulus generalization.
      • Describe the various components required in developing a self-control program.
      • Define the factors which influence the effectiveness of time-out, response cost, and overcorrection.
      • Have knowledge of the ethical/legal issues surrounding the use of punishment.

6.   Identify and describe the various techniques used in observational learning to bring about behaviour change and cognitive-behaviour approaches.

      Potential Elements of the Performance:
      • Discuss modeling, symbolic modeling, imitation, and role play.
      • Implement strategies utilizing the above mentioned.
      • Describe the cognitive perspective as it relates to behaviour change strategies.

III.   TOPICS:

1.   History of Behaviour Management

2.   Strengthening and Decreasing Behaviour

3.   Punishment Issues

4.   Shaping New Behaviour

5.   Stimulus Discrimination Learning

6.   Generalization, Assessment, Programming, and Cognitive Behaviour

IV.   REQUIRED RESOURCES/TEXTS/MATERIALS:

Behaviour Modification: What It Is and How To Do It, 8th Ed. Martin & Pear, 1999. Prentice Hall

V. EVALUATION PROCESS/GRADING SYSTEM:

5 Tests worth – 115 points

2 Plotting and Graphing Assignments – 30 points

1 Behavioural contract – 10 points

1 Token Economy Program – 30 points

Skill Development – 15 points

Attendance in this course is essential as participation demonstrates skills. If a student is unable to write a test due to serious illness or circumstance, she/he is obligated to contact the professor prior to test time. Voice mail extension number is 2564. Failure to do so will result in an automatic grade of zero in that test.

The following semester grades will be assigned to students in post-secondary courses:

Grade	Definition	Grade Point Equivalent
A+	90 – 100%	4.00
A	80 – 89%	
B	70 - 79%	3.00
C	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

Note: For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

VI.   SPECIAL NOTES:

Course Outline Amendments:
The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Retention of Course Outlines:
It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

Prior Learning Assessment**:**
Students who wish to apply for advance credit transfer (advanced standing) should obtain an Application for Advance Credit from the program coordinator (or the course coordinator regarding a general education transfer request) or academic assistant. Students will be required to provide an unofficial transcript and course outline related to the course in question. Please refer to the Student Academic Calendar of Events for the deadline date by which application must be made for advance standing.

Credit for prior learning will also be given upon successful completion of a challenge exam or portfolio.

Substitute course information is available in the Registrar's office.

Disability Services:
If you are a student with a disability (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Disability Services office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

Communication:
The College considers *WebCT/LMS* as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the *Learning Management System* communication tool.

Plagiarism:
Students should refer to the definition of "academic dishonesty" in *Student Code of Conduct*. A professor/instructor may assign a sanction as defined below, or make recommendations to the Academic Chair for disposition of the matter. The professor/instructor may:
 (i)   issue a verbal reprimand,
 (ii)   make an assignment of a lower grade with explanation,
 (iii)   require additional academic assignments and issue a lower grade upon completion to the maximum grade "C",
 (iv)   make an automatic assignment of a failing grade,
 (v)   recommend to the Chair dismissal from the course with the assignment of a failing grade.
 In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Student Portal:
The Sault College portal allows you to view all your student information in one place.
mysaultcollege gives you personalized access to online resources seven days a week from your home or school computer. Single log-in access allows you to see your personal and financial information, timetable, grades, records of achievement, unofficial transcript, and outstanding obligations. Announcements, news, the academic calendar of events, class cancellations, your learning management system (LMS), and much more are also accessible through the student portal. Go to https://my.saultcollege.ca.

Electronic Devices in the Classroom:
Students who wish to use electronic devices in the classroom will seek permission of the faculty member before proceeding to record instruction. With the exception of issues related to accommodations of disability, the decision to approve or refuse the request is the responsibility of the faculty member. Recorded classroom instruction will be used only for personal use and will not be used for any other purpose. Recorded classroom instruction will be destroyed at the end of the course. To ensure this, the student is required to return all copies of recorded material to the faculty member by the last day of class in the semester. Where the use of an electronic device has been approved, the student agrees that materials recorded are for his/her use only, are not for distribution, and are the sole property of the College.

Attendance:
Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.

It is the departmental policy that once the classroom door has been closed, the learning process has begun. Late arrivers will not be granted admission to the room.